

Planet Youth Nipissing

Youth Impact Fund
Information Session

November 3, 2025



Goals



- What is Planet Youth Nipissing?
- Youth Impact Fund details and funding priorities
- Examples of funded projects
- How to apply

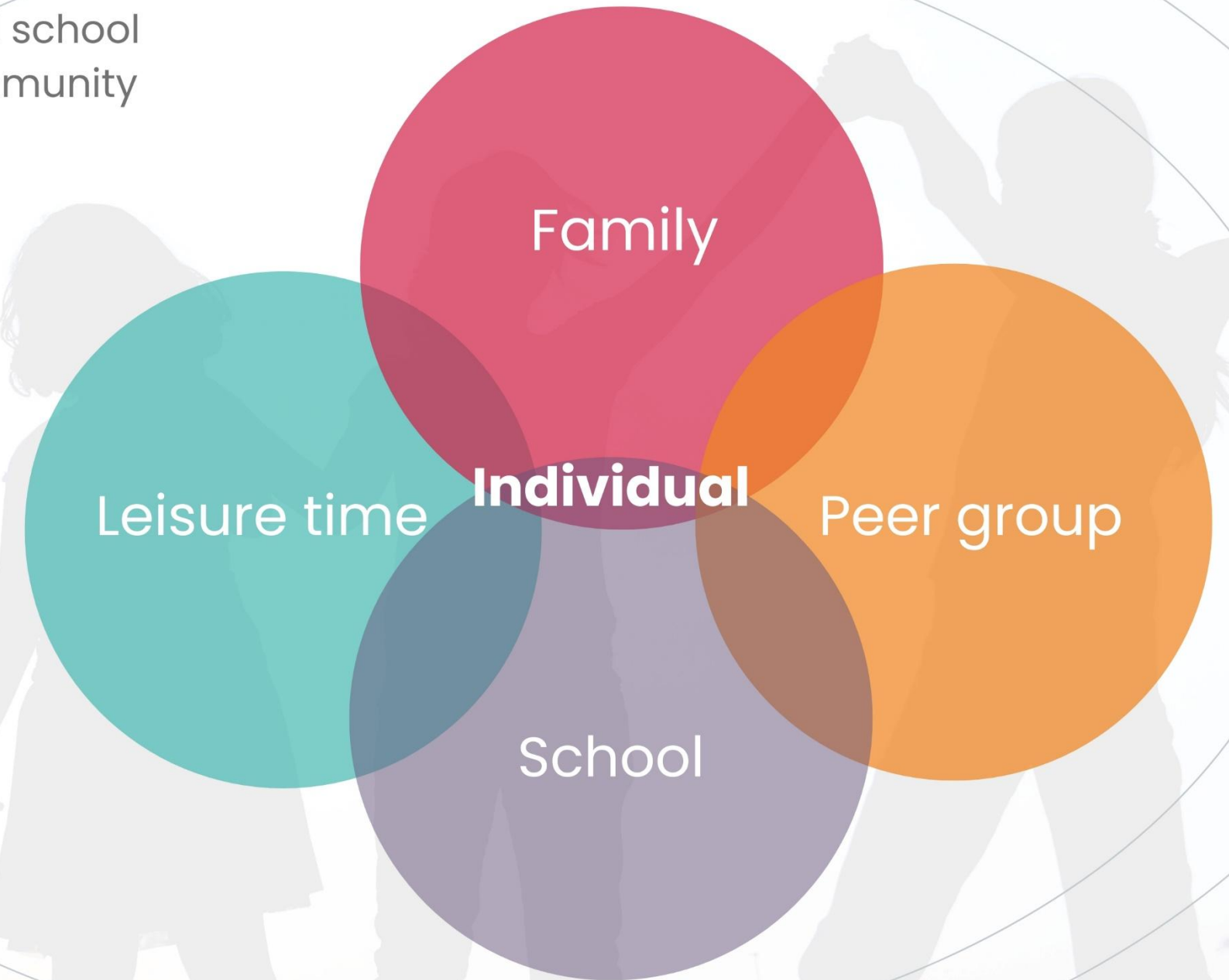
What is Planet Youth Nipissing?

- It's based on a world-renowned **substance use prevention** model from Iceland.
- It's not a program or an organization – it's a process for **working together**.
- It's about using **data to drive action** related to youth well-being.
- Focuses on 4 domains of a young person's life.

National

Municipal

Local school
community



Planet Youth Nipissing – Student Survey

- The data we use to inform our action comes from a student survey done in spring 2024
- 9 high schools
- 704 students (mostly grade 10)
- North Bay & West Nipissing
- Asked about wellbeing, substance use, sleep, screen time, family, school, peers and leisure time
- Findings available at **PlanetYouthNipissing.ca**



About the Youth Impact Fund

Financial contribution:
Contribution financière :



Public Health
Agency of Canada


Agence de la santé
publique du Canada

We're offering funding to support local initiatives that align with one or both of the following priorities:

- **Increase youth participation in opportunities in the community such as youth programming, activities and supports.**
- **Increase meaningful connections experienced by youth and by caregivers.**

Funding Details

You can apply for:

- **Up to \$2500 for **General** initiatives**
 - Aligned with one or both priorities
 - You can request less than the \$2500 if you don't require the full amount
 - **Up to \$4000 for **Signature** initiatives (3–5 will be funded)**
 - Aligned with one or both priorities **AND** show potential for exceptional community impact. For example:
 - Involve collaboration across organizations or sectors
 - Are youth-led or co-designed with youth
 - Address a significant community need
 - Show potential for sustainability or replication
 - Prioritize equity and inclusion
 - Leverage additional resources or partnerships
- 
- We will aim to fund all projects at their requested dollar amount but may fund at a lower amount based on the number of applications received.

Eligibility

- **Eligible applicants include:**
 - Non-profits, schools, municipalities, libraries, churches, Indigenous organizations, community centres, health centres and local associations in **North Bay, West Nipissing and Nipissing First Nation.**
- Individuals cannot apply directly but can collaborate with eligible groups.
- Businesses are eligible, but we will prioritize non-profit organizations.



Key Dates and Requirements

- **Application deadline:** November 21, 2025
- **Notification of funding:** December 5, 2025
- **Deadline to spend funds:** March 31, 2026
- **Feedback survey due:** May 15, 2026

Funded projects must:



- Include the Planet Youth Nipissing logo on promotional materials
- Track participant numbers
- Complete a short impact survey
- Keep receipts for 6 years (in case of audit)



Priority # 1: Youth Participation in Community

Increasing youth access to programs, activities, and supports in the places they spend time—schools, parks, libraries, sports fields, and recreation centres.



Why Focus on Youth Participation in Community?

- Leisure activities that are supervised and skill-building provide protective environments with positive role models and peers with shared interests.
- Accessible and appealing alternatives to substance use help youth find belonging and purpose in healthier ways.
- Important to ensure what is offered is tailored to local needs and interests.
- Includes a focus on increasing ability to access existing resources, services and programming.

Student Bus Pass Pilot

- City transit passes provided to students to enable them to get to school, work, appointments, mental health services.
- Allowed the City to better understand need for youth transportation and explore options for expanding access



Youth & Parent/Caregiver Sports

- Focused on increasing opportunities for youth and their parents/caregivers to participate in sports and spend time together.
- Victim Services partnered with Pro Sports Management to provide activities for 70 participants (youth and their guardian, if desired), including basketball, indoor soccer, snowboarding camps and YMCA Day Passes.





Priority # 2: Meaningful Connections

**Strengthening meaningful relationships and connections experienced
by youth and by caregivers.**



Why Focus on Meaningful Connections?

- Supportive relationships are linked with healthy development.
- Strong ties to family, school, and community reinforce healthy expectations and norms.
- Sense of belonging in community and at school fosters self-esteem and identity.
- Meaningful relationships create a safety net to prevent escalation into harmful patterns.
- Caregivers also need strong social support networks, and strong caregiver-school partnership is a protective factor.

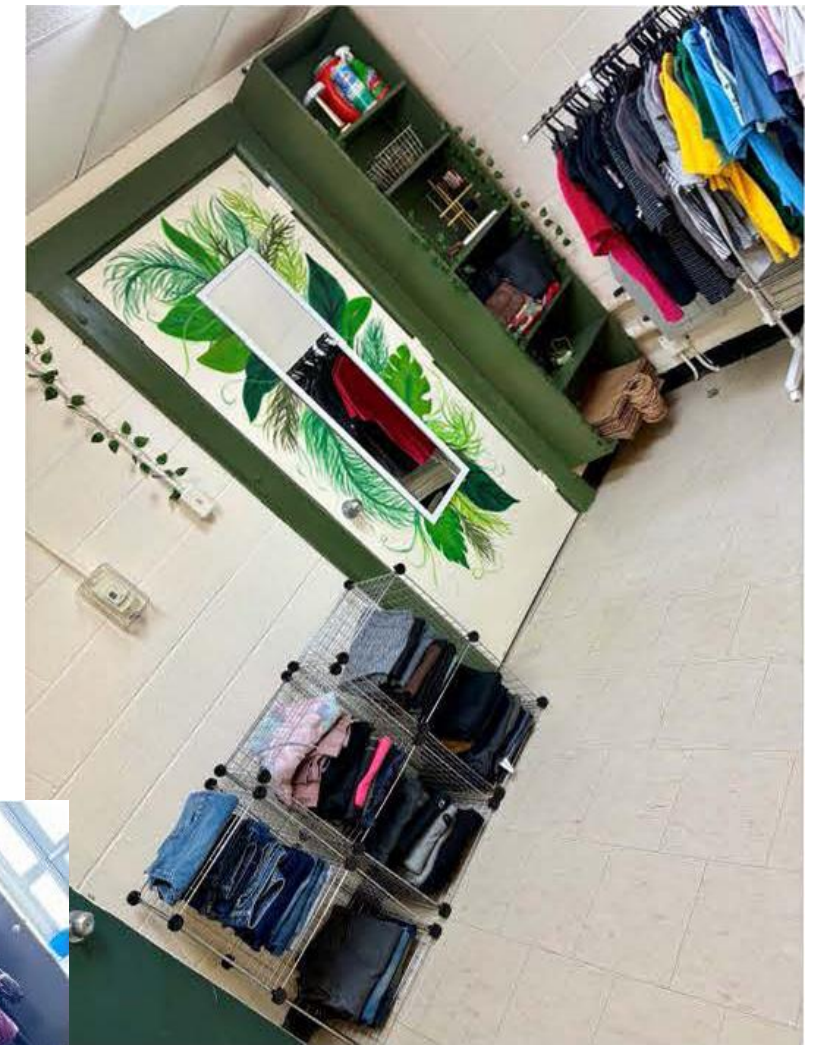
Robotics & STEM Parent Engagement Event

- Event to engage families in hands-on STEM experience and strengthen relationships between students, parents, and the school
- High level of parent participation
- School learned that time of day (daytime) was successful for engaging parents and students



Boutique of Essential Products

- Led by co-op placement student
- Donations of clothing items and hygiene products
- Increased sense of belonging, reduced stigma, improved school attendance, and fostered culture of kindness within school community



Monday Funday

- Monday Funday offered as a “third space” for students on lunch hour.
- Kept students on campus in safe, adult-monitored areas and allowed students to connect with caring adults in the school.
- Students engaged in fun activities with their peers and felt increased sense of belonging at school.



Previously Funded Initiatives

Sharing circles • Youth learn-to-curl • Positive space program
Theatre equipment upgrade • Fueled Friday teen nights • Parent & youth sports
Transit pass pilot project • Youth hub space upgrade • Hide mitten making workshop
Family game night • Space for student connection • Student orientation activities
Boutique of essentials • Outdoor learning pavilion • Family wellbeing night
Learn to curl teen event • Positive behaviour reward program • Educational trip
School spirit event • Family engagement night • Monday Funday student activities
Welcoming space upgrade • School & family engagement activities • Wellbeing kits
Student art piece on belonging • 2SLGBTQ+ student & ally group • Calming/wellness room
Outdoor learning materials • Community-building PD • Outdoor learning PD
Kindness and leadership initiative • Day of activities to relax and connect
CCSA municipal leaders table • Youth Pow Wow • Coping kits • Winter sports equipment
March Break programming • Food forest connections • Recipes for success

How to Apply

PlanetYouthNipissing.ca

YOUTH IMPACT FUND

NOW TAKING APPLICATIONS!

Are you interested in making our community better for young people? The Youth Impact Fund can help you put your ideas into action!

Deadline to Apply: November 21, 2025

Two funding opportunities available:

- Funding up to \$2,500 per initiative,
- 3-5 Signature Initiatives funded up to \$4,000.

What We Are Looking For

Planet Youth Nipissing is excited to support initiatives that:

- Increase opportunities for youth to participate in the community through programming, activities and supports.

AND/OR

- Increase meaningful connections experienced by youth and by caregivers.

How To Apply

- Review the **Application Guide** ([English](#), [French](#)) to understand the details and requirements.
- You can preview the Funding Request Form in PDF format here: ([English](#), [French](#))
- **Complete the [Funding Request Form](#) by November 21, 2025.**
- Looking for inspiration or project ideas?
 - **Scroll down** to see previously funded initiatives.
 - Check out what youth said in the [Planet Youth Nipissing survey](#)



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Planet Youth Nipissing

Youth Impact Fund: Application Guide

What is Planet Youth Nipissing?

[Planet Youth Nipissing](#) is a community initiative to improve youth well-being and address the root causes of early substance use.

Planet Youth Nipissing focuses on four key domains of a young person's life: **Family, Peers, School, and Leisure Time**. Enhancing protective factors and reducing risk factors in these domains support youth well-being.

In spring 2024, Planet Youth Nipissing surveyed **704 local high school students** to better understand youth well-being, substance use trends, and the community factors influencing them. Survey results are [available online](#).

What is this funding opportunity?

Planet Youth Nipissing is funded by the Public Health Agency of Canada Youth Substance Use Prevention Program.

Planet Youth Nipissing has funds available to support organizations with initiatives that align with one or both of the following priorities:

1. **Increase participation in opportunities in the community such as youth programming, activities and supports.** (Community is the sense of connection and belonging that grows in the places where youth spend time – like schools, parks, libraries, sports fields, and recreation centres.)
2. **Increase meaningful connections experienced by youth and by caregivers.**

Details and requirements:

- Use the [Funding Request Form](#) to apply.
- Applicants may request funding up to \$2,500, or apply as one of 3-5 "Signature Initiatives" funded at \$4,000.
- Signature initiatives are projects that demonstrate exceptional community impact and innovation. These projects typically:

How to Apply



Planet Youth Nipissing Youth Impact Fund: Request Form

Section 1 of 5: Contact Details

Contact Person:

Name of Organization:

Mailing Address: Street, City, Postal Code

Contact Email:

Contact Phone:

Provide a brief description of your group/organization:

Section 2 of 5: About Your Initiative

Name of Initiative (project / event / activity):

Which of the following priorities does your initiative align with?

- ☐ **Increase participation in opportunities in the community such as youth programming, activities and supports.** (Community is the sense of connection and belonging that grows in the places where youth spend time – like schools, parks, libraries, sports fields, and recreation centres.)
- ☐ **Increase meaningful connections experienced by youth and by caregivers.**

Describe your initiative, including the expected impact on your community:

Please let us know whether you previously received Planet Youth Nipissing funding and are looking to continue your last initiative, or if you are implementing a new initiative.

- ☐ Continuation of last initiative
- ☐ New initiative

If you previously received Planet Youth Nipissing funding, what do you hope to achieve by receiving this funding to continue your initiative?

English (United States) ▼



Planet Youth Nipissing: Youth Impact Fund

For any questions about completing this form, email: planetyouth@healthunit.ca.

Pour accéder à ce formulaire en français, utilisez l'option de langue dans le coin supérieur droit de votre écran.

When you submit this form, it will not automatically collect your details like name and email address unless you provide it yourself.

Section 1 of 5: Contact Details

1

Contact Person:

Enter your answer

2

Name of Organization:

Enter your answer

How to Apply

Submit by: November 21, 2025 ✨

Email us at planetyouth@healthunit.ca
if you have questions or need support.

We're here to help you bring your ideas to life!

Questions & Answers

Q&A

Q: Can organizations that serve a larger geographic area than North Bay/ West Nipissing/ Nipissing First Nation apply for funds?/ What are the eligible locations for funding?

A: The Youth Impact Fund is targeted toward the pilot communities involved in the Planet Youth Nipissing initiative, which include North Bay, West Nipissing and Nipissing First Nation. If organizations serve a larger geographic area, they may use the funds to impact youth within this larger area, but their initiative must include one or more of the pilot communities (i.e., the initiative focuses on the pilot communities AND beyond).

Q&A

Q: Does it need to be a new project or can it be an existing project that is growing?

A: This funding opportunity is intended to support new initiatives or the expansion of existing programs that demonstrate clear potential for increased impact in our community. Proposals must outline activities that would not be possible without this funding. Applications seeking to backfill existing budgets, sustain current operations, or replace previously committed resources will not be considered. The goal is to address gaps in our community and drive evidence-based prevention strategies that strengthen protective factors, to create measurable improvements in youth well-being.

Q&A

Q: What age range does this fund aim to cover?

A: This funding targets initiatives that benefit children and teens. While the Icelandic Prevention Model does not prescribe a fixed age range – because it is a community-wide, environmental approach – the emphasis is on early prevention and creating conditions that support healthy development for all young people. Applications that positively impact younger children or older teens through family engagement, school environments, or community-based strategies are welcome, provided they align with the model's goals of strengthening protective factors and reducing risk behaviors. We are aiming to see measurable improvements in youth well-being in the Planet Youth survey over the years, which is typically done at the grade 10 level.

Q&A

Q: Can you use the funds to pay supervisors of an afterschool club for youth or just materials?

A: Yes, you can use funds to pay supervisors. Personnel (including contractor fees) are eligible expenses alongside project materials and supplies.

Q&A

Q: Is there a section in the application that allows partnership or multiple organizations applying together?

A: Yes, partnership is a great strategy and embodies the principle of collaboration from the Icelandic Prevention Model. You can outline this partnership in the section where you describe your initiative. If you are applying as a Signature Initiative, you can also outline how this partnership will allow you to make an exceptional community impact. Please specify who the **main contact** for correspondence is in the Contact Details section.



Contact Us:



PlanetYouth@healthunit.ca



www.PlanetYouthNipissing.ca
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Planet Youth Nipissing

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